



The best activities guide around!

**APRIL 2005**

**Cherry Blossom Friendship Festival – 9th**  
**YS Spring Break Trip to Singapore – 11th - 15th**  
**Newcomer's Orientation – 19th**  
**Secretary's Day Lunch Buffet – 20th**





Camp Zama Youth Services  
**Arai Mountain Resort**

# **SKIING & SNOWBOARDING**

## **8 April**

**Only  
\$60**

Enjoy an exciting day of skiing and snowboarding at Arai Mountain Resort on 8 April. The bus will depart the Zama youth Center at 5 am and return at 11 pm. The cost is \$60 which includes FREE ski or snowboard, bus transportation and free instruction by a trained professional. You must go to Outdoor Recreation for free equipment rental 7 days prior to the trip. Sign up at Central Registration, Bldg 533, located directly behind the Post Exchange.

If you need more information, please call 263-4500.

"See the Bugle for the  
advertisement".





# April 2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>UPCOMING EVENTS:</b> <ul style="list-style-type: none"> <li>• Spring Team Swim Biathlon - 7 May</li> <li>• Mother's Day Brunch - 8 May</li> <li>• Newcomer's Orientation - 17th</li> <li>• Teen Kahuna Bench Press Competition - 21st</li> </ul>					<b>1</b> <ul style="list-style-type: none"> <li>• Payday Scramble CZGC</li> <li>• 70's and 80's Music w/DJ Sagami Lounge</li> </ul>	<b>2</b> <ul style="list-style-type: none"> <li>• Tokyo Motorcycle Show Tour</li> <li>• Tsukiji Fish Market Tour</li> <li>• Hakone Excursion Tour</li> </ul>
<b>3</b> <ul style="list-style-type: none"> <li>• Zoo-Rasia Tour</li> <li>• King of the Hill Tournament Bowling</li> <li>• Kawasaki Fertility Festival Tour</li> <li>• "Week of the Young Child"</li> </ul>	<b>4</b>	<b>5</b>	<b>6</b> <ul style="list-style-type: none"> <li>• PWOC Fellowship and Dinner Zama Chapel</li> <li>• Automotive Servicing Auto Craft</li> <li>• Kinoshita Circus Tour</li> <li>• Mongolian BBQ CZCC</li> </ul>	<b>7</b>	<b>8</b> <ul style="list-style-type: none"> <li>• Spiritual Orientation Tour to Kamakura Chapel</li> <li>• Skiing and Snowboarding Arai Mtn Resort YS</li> <li>• Parents Night Out SHA CDC</li> <li>• Confirmation Zama Chapel</li> </ul>	<b>9</b> <ul style="list-style-type: none"> <li>• Adults 7k Run &amp; 3k Walk and Youth 3K Run &amp; 3K Walk at Festival</li> <li>• Friendship Golf Outing CZGC</li> <li>• Cherry Blossom Friendship Festival</li> </ul>
<b>10</b> <ul style="list-style-type: none"> <li>• New Sanno Easter Brunch and Tokyo Free Time Tour</li> <li>• Yokota Shopping Tour</li> </ul>	<b>11</b> <ul style="list-style-type: none"> <li>• Jr. Lifeguard Program "Guard Start" Aquatics</li> <li>• Spring Break in "Singapore" YS</li> </ul>	<b>12</b> <ul style="list-style-type: none"> <li>• SHA CDC PAC Meeting SHA CDC</li> </ul>	<b>13</b> <ul style="list-style-type: none"> <li>• Water Safety Instructor Course Registration Deadline Aquatics</li> <li>• Mongolian BBQ CZCC</li> </ul>	<b>14</b> <ul style="list-style-type: none"> <li>• Sponsorship Training ACS</li> <li>• Deployment Readiness Support Group Meeting ACS</li> <li>• Pre-deployment Training ACS</li> </ul>	<b>15</b> <ul style="list-style-type: none"> <li>• Tomodachi Day CZGC</li> <li>• Spring Hida Takayama Festival Tour</li> </ul>	<b>16</b> <ul style="list-style-type: none"> <li>• 7 Person Soccer Sports</li> <li>• 4H Fair YS</li> <li>• Nikko Excursion Tour</li> <li>• River Kayaking Overnight ODR</li> <li>• Protestant Men's Breakfast Fellowship CZGC</li> </ul>
<b>17</b> <ul style="list-style-type: none"> <li>• Kamakura Archery Festival Tour</li> <li>• River Kayaking Overnight ODR</li> </ul>	<b>18</b> <ul style="list-style-type: none"> <li>• Nichibei Friendship Golf Tournament CZGC</li> </ul>	<b>19</b> <ul style="list-style-type: none"> <li>• BGCA Web Design Contest YS</li> <li>• Graphic Arts CONTEST YS</li> <li>• Newcomer's Orientation CCC</li> </ul>	<b>20</b> <ul style="list-style-type: none"> <li>• Secretary's Day Lunch CZCC</li> <li>• Medical Morning and Community Tour Briefing ACS</li> <li>• Automotive Servicing Auto Craft</li> <li>• Mongolian BBQ CZCC</li> </ul>	<b>21</b> <ul style="list-style-type: none"> <li>• English Teachers Network Meeting ACS</li> <li>• Youth Fishing Clinic Dewey Park SAS</li> <li>• Newcomer's Train Class Part I ACS</li> </ul>	<b>22</b> <ul style="list-style-type: none"> <li>• "6th Grade Happening" YS</li> <li>• Shopping on the Economy ACS</li> <li>• Community Night CZCC</li> <li>• Volunteer Recognition Ceremony CZCC</li> </ul>	<b>23</b> <ul style="list-style-type: none"> <li>• Aichi Exposition Tour</li> <li>• Newcomer's Train Class Part II ACS</li> <li>• Youth Fishing Derby ODR</li> </ul>
<b>24</b> <ul style="list-style-type: none"> <li>• Tokyo by Day Tour</li> <li>• Fuji Area Excursion Tour</li> <li>• International Friendship Marathon Sagami General Depot</li> </ul>	<b>25</b> <ul style="list-style-type: none"> <li>• Piano Recital CCC</li> </ul>	<b>26</b> <ul style="list-style-type: none"> <li>• Baby Love Seminar ACS</li> </ul>	<b>27</b> <ul style="list-style-type: none"> <li>• Community Information Exchange Meeting ACS</li> <li>• Mongolian BBQ CZCC</li> </ul>	<b>28</b>	<b>29</b> <ul style="list-style-type: none"> <li>• Month of Military Child Fun Activities SHA CDC</li> </ul>	<b>30</b> <ul style="list-style-type: none"> <li>• JAZZ Night CZCC</li> <li>• Dress-to-Impress Old School Party Sagami Lounge</li> <li>• Extreme Bowling Party Bowling</li> <li>• Teen Talent Show at Atsugi Theater YS</li> </ul>

The Zama Youth Center will be sponsoring a Spring Break trip to "exotic Singapore".

# Spring Break in Singapore

## 11 - 15 April



We will only be taking the first 20 Youth Center members who sign up (grades 9 - 12th).

The cost of the trip will include airfare, hotel, transfer fees, food and transportation. So, don't hesitate; the seats will go fast. Call 263-4500 for more information.



The U.S. Army Garrison, Japan (USAG-J), MWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.



DMWR strives to provide individuals with disabilities reasonable accommodation, and

are included in all community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

# Z A M A Community BUGLE

## Contents

Academic Training Division.....	12
Army Community Service.....	7,8
Arts and Crafts.....	23
Auto Craft Shop.....	21
Bowling Center.....	4
Calendar of Events.....	2
Camp Zama Community Club..	17,18
Camp Zama Golf Club.....	20
Chapel Activities.....	12
Child and Youth Services.....	5
Child Development Center.....	6
Community Cultural Center.....	22
Community Libraries.....	13
Directory of MWR Facilities.....	29
Directory of Program Managers.....	3
Hob Nob Inn.....	19
Outdoor Rec / Local Tours.....	25,26
Sagami Lounge.....	19
Sports Office.....	9,10
Torii Station, Okinawa.....	27,28

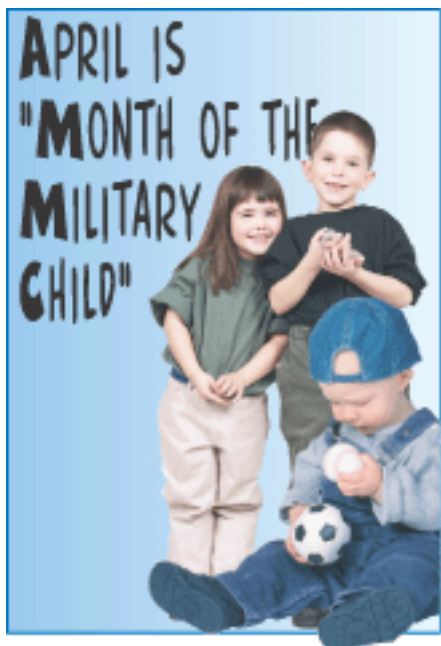


### THIS MONTH'S COVER

It's spring! Blue skies, green grass, and – Cherry Blossoms...

Our Annual Cherry Blossom Friendship Festival on the 9th allows our community a unique opportunity to spend this Saturday viewing the blossoms and enjoying a variety of activities with our Japanese neighbors and friends. Our beautiful post will play host for this event from 11 am - 6 pm. Music, entertainment, food, rides and exhibitions and sponsor's booths will be on site throughout the day. Bring your camera to record the beauty and excitement of our festival for memories to last a lifetime. See the back page for a schedule of the day's activities.

*Photo by 78th Signal Bn, VID by Mr. Yuichi Imada, Technical enhancement by Hideko McKeta.*





# ■ Zama Bowling Center • 263-4780

## EXTREME BOWLING

Every Saturday Night  
7 - 10 pm

"Unlimited bowling and shoe rental"  
Children under 10: free  
Children 10 - 17 years old: \$1.50  
Adults: \$3.50

## FREE BOWLING

Wednesdays, 3 - 9:30 pm. Bring the family.

## ACTIVITIES FOR THIS MONTH

### • King of the Hill Tournament

Sunday, 3 April, noon - 5 pm. For just \$40, enjoy a whole day of bowling with some of the best bowlers in the Kanto Plain. Double elimination until we reach the "King of the Day".

## MONTH OF THE MILITARY CHILD

# BOWLING

Children bowl for small door prizes for the whole month.

- Children 9 and under:  
Roll a 100 score and get a miniature stuffed doll.
- Children 10 and up:  
Roll a 150 plus score and get a plastic PBA bowling pin bank.





# eXtreme

## 30 April, 7 - 10 pm

### Bowling Party

For more information, phone 263-4780



\*\*\*Child Development Center • School Age Service\*\*\*

## "Month of the Military Child"

Child and Youth Services (CYS) will be celebrating "The Month of the Military Child" in April and the "Week of the Young Child" from 3 - 9 April. During this time, CYS will be conducting many special activities and events to highlight the military child. Research and experience clearly shows that a child's earliest years are crucial learning years for development. The Month of the Military Child and Week of the Young Child provide us with a chance to celebrate the learning opportunities of

young children, and to recognize the responsibilities we share for helping them make the most of those opportunities. Camp Zama has well trained child development professionals who work together to offer special events and activities to support children. Stop by your Child Development Center, School Age Services or Youth Center to learn about the activities and events planned to celebrate "The Month of the Military Child".

# E

very Monday and Wednesday from 3 - 5 pm learn about robotics through the Mars Exploration Rover Mission. Participants will learn about robotics technology and how it is being used in the real world. They will build and program their Mars Rover and challenge their skills with missions on a Mars Map.



## ■ Child and Youth Services • 263-4500

[www.zamayouthcenter.org](http://www.zamayouthcenter.org)

Saturday, 16 April - The Zama Youth Center will be hosting a 4-H Fair starting at 2 pm in recognition of the "Month of the Military Child". There will be an Art Poster Contest with the theme "Life As a Military Child". Please turn in your entry to the youth center by 8 April. There will also be a cooking contest, fashion show and a technology demonstration.

### YOUTH SERVICES HIGH SCHOOL LEADERSHIP PROGRAMS (9 - 12 GRADES)

#### • Torch Club

is a middle school leadership group designed to assist girls and boys in becoming productive citizens. A Torch Club consists of an adult advisor and 6 - 15 boys and girls. Torch Club members learn that they can make a difference in the world by taking an active and responsible role in setting the direction of their own lives. By helping others, they experience the gratification and self-esteem that comes with being wanted and needed. The Middle School Torch Club meets Mondays at the CZ Youth Center.

#### • Keystone Club

is a high school leadership group who creates and maintains high standards of health, education, character and citizenship for teens to develop into responsible, productive adults. The Keystone Club offers teens the opportunity to: develop and use leadership skills; contribute to the community through service and volunteerism; foster understanding and respect between groups and individuals; learn life skills and information to

live a responsible, fulfilled life; understand and participate in the free enterprise system through fund raising activities; enjoy fellowship and develop self-confidence. The Keystone Club meets twice a month at the CZ Youth Center.

#### • The Tech Club

is open to all youth services members and meets on Tuesdays at 3:30 pm in the Tech Lab. With the professional equipment and software the Tech Lab has, members learn life skills and on-hands experience by making, editing and producing video commercials, having photo shoots, creating web pages and web sites, producing graphic designs and much more.

#### • The Camp Zama DJ Club

is a high school leadership club which promotes music as a fine art. The DJ Club learns and discusses the different types of music available to youth today. The club also practices and masters the youth center's state of the art DJ equipment to prepare for all MS and HS dances. The HS DJ Club members are required to mentor MS youth. The DJ Club meets every 2nd and 4th Monday of the month at the Camp Zama Youth Center.

## Youth Center April Activities

- Learn how to create Graphic Arts on Thursdays at 3:30 pm with the most current graphic arts programs, and prepare to enter the BGCA Graphic Arts Contest on April 19.
- Continue designing web pages for the Youth Center's website on Tuesdays from 4:30 - 5 pm. Enter the BGCA Web Design Contest on 19 April.
- Join the best Teen Tech Team in the Army! Meetings are on Tuesdays from 3:30 - 4:30 pm. Tech team members are involved in photo taking and manipulation, movie making, producing the monthly Zama Teen News, and helping with community projects concerning technology.
- Our monthly "6th Grade Happening" will be held on 22 April from 7 - 10 pm. The cost is \$2. Transportation will be provided from Sagami Depot at 5:45, SHA Commissary, and Atsugi Theater at 6:30 pm. Come out and enjoy a night of fun, food and lots of entertainment.
- The Zama Youth Center will be providing a bus to the 2005 Youth and Teen Talent Show at the Atsugi Theater on 30 April. The bus will depart the Zama Youth Center at 5:30 pm and SHA Commissary at 6 pm.



# ■ Child Development Center • 2676564

## SAGAMIHARA HOUSING AREA

### • Parents Night Out

SHA CDC hourly care is offering a special Friday "Parents Night Out", 8 April, 6:30 - 11:30 pm.

- Reservation information:
- Call the Resources and Referral Office at 263-4743/4125, NLT 6 April.

• Hourly care fee must be paid in advance at the Resources and Referral Office.

• Payment or cancellation must be made by 6 April.

• Your child must be registered in the CYS program and immunizations must be up to date.

• Please serve dinner prior to dropping off your kids (only snacks will

be provided).

• **SHA CDC PAC Meeting** (for patrons only) will be held on Tuesday, 12 April, 4 - 4:45 pm, at the Sagamihara Housing Area Child Development Center. For more information, phone 267-6564/263-5723.

• **Month of Military Child Fun Activities** will be held on 29 April, 3:30 - 4:30 pm.

## ■ School Age Services • 267-6013

### • Spring Break Activities

April is "Month of the Military Child". Parents, do you want your child to participate in fun activities during their out of school time? Be an early bird, come and join School Age Services during Spring Break. There will be heaps of exciting activities, such as making fuse beads, interactive computer games, model plane flying, checking skills, and score for fitness authority. These activities will be scheduled in the morning while the afternoon activities will be bowling, swimming,

park and recreation. Two field trips are scheduled to Yokohama Science Museum, and Tama Hills. The Youth Fishing Clinic will be held at Dewey park on 21 April. Spring break selectivities are as follows:

Monday:

Bowling 1 - 3:30 pm

Tuesday:

Swimming 1 - 4 pm

Wednesday:

Park Program 1 - 3:30 pm

Thursday:

Yokohama Science Museum  
9 am - 2:30 pm

Friday:

Tama Hills 9 am - 2:30 pm  
Parents, please note during spring break the SAS bus will leave Zama YS at 8:30 am to bring children to SAS activities. All field trips are scheduled to depart SAS, SHA at 9 am, and return to SHA by 4:40 pm. All other half day activities such as bowling, swimming, and park activities will occur after lunch. Returning times are only approximate and may change due to traffic. Field trips may be changed without prior notice.

## SCHOOL AGE SERVICES • BEFORE AND AFTER SCHOOL PROGRAM SPRING BREAK AND SUMMER CAMP

### CYS offers the following current and future programs:

Community members, are you looking for a variety of programs that can provide a great deal of fun for your children?

Camp Zama School Age Services has a great program. The program offers indoor and outdoor activities. School Age Services is accredited through the National School-Age Care Alliance. The program is designed to meet four service areas: (Sports, Fitness, Health and Life Skills) (Leadership and Learning Opportunities), (Art, Recreation and Leisure), (Mentoring Intervention and Educational Support Service).

School-Age Services has a wonderful staff which welcomes your children everyday. The facility has a space for homework. The technology lab provides lots of interesting things for the children to do. The current clubs are the Technology/Photography Club, Culture Club, and Nature/Gardening Club. The warm atmosphere at School-Age Service is inviting, and will meet the needs for children needing before and after school care.

Spring Break offers a week filled with fun activities for your child. Activities will be scheduled the week of 11 - 15 April. Summer Camp will start 20 June and end 26 August. The camp will be held daily from 8 am - 5 pm.

You can pick up a complete registration package and register at the Resources and Referral Office located in Bldg. 533 on Camp Zama.

*If you have questions or need additional information, please contact School-Age Services at 267-6013.*



# E

xceptional

Family Member Program. Enrollment in this program is mandatory for family members PCSing overseas with medical or educational concerns that require special attention. If you are currently enrolled in EFMP, keep in mind that your file must be reviewed if your condition changes or every 3 years which ever comes first. If you are new to Camp Zama and are the sponsor of an Exceptional Family Member, it is mandatory for you to in-process with ACS EFMP Coordinator at 263-8327.

## ■ Army Community Service • 263-8327

### RELOCATION READINESS/MOBILIZATION & DEPLOYMENT PROGRAMS, 263-8089

#### • *Medical Morning and Community Tour*

Health care professionals provide information about medical care and counseling services in Japan and the military community. A pharmacy class, which is mandatory in order to receive over the counter medications, is also given during this briefing. The briefing will be held on 20 April in the ACS Community Room, 8 - 10:30 am. The orientation is mandatory for military and civilian personnel. Adult family members may also attend. The IN/OUT Processing Office (263-4122) will schedule attendees for this program. A community bus tour will be conducted immediately following the briefing. All newly arriving personnel are encouraged to attend. Lunch will be provided. The tour is scheduled from 10:45 am - 2:30 pm. Please call ACS at 263-8327 to register (tour only).

#### • *Newcomer's Train Class Parts I and II*

Train Class Part I will be held on Thursday, 21 April, 6 - 8 pm, in the

ACS Community Room, Building 402. Get out and see Japan! This class will teach you how to read the signs in the stations, buy train tickets, and more.

**Train Class Part II** will be conducted on Saturday, 23 April at 9 am. Join us as we practice how to travel by train and subway. Our class will travel to Tokyo, stop for lunch at the New Sanno Hotel and shop in Shinjuku. Children and family members are welcome; bring about ¥1,300 per person for transportation expenses. All attendees should meet at Gate 4.

#### • *English Teachers Network*

This month's English Teachers Network will meet on 21 April noon - 1 pm. Teaching English in Japan can be fun and rewarding. Find out how to recruit students, what fees to charge, where to buy materials, and meet with others who have experience teaching. For additional information, contact Ms. Crowell at 263-8089.

#### • *Shopping on the Economy*

Community members wishing to attend the "Shopping on the Economy" class should mark their calendars for Friday, 22 April. This class will depart Gate 4 at 9:45 am and will return approximately at noon. There are many great bargains right outside the gate. Let our Japanese experts show you how to shop at the department stores, where to find the best fruits and vegetables, and more. Call 263-8327 to sign-up. Bring ¥400 for transportation and some for extra purchases. Children are welcome.

#### • *Japanese Language Class*

Would you like to learn to speak Japanese? ACS offers a basic conversational Japanese language class! This class is held every Wednesday from 10 am - noon in the ACS Outreach Room, Bldg 402. For more information call 263-8089, or to sign up for the class call 263-8327.

#### • *English Language Class*

Want to improve your English Language skills? A Basic English Lan-

## NEWCOMER'S ORIENTATION

**Tuesday, 19 April 05, 8:30 am - 3:30 pm**  
Camp Zama Community Cultural Center

- Mandatory for military and civilian personnel. Adult family members are encouraged to attend (free childcare is available by phoning CDS in advance at 263-4743).
- Key personnel will present an overview of the policies and services available, plus key reps from numerous organizations will be on-site to answer questions and provide informational handouts.
- Opening welcome by the Commanding General and the Garrison Commander.
- Enjoy a bus tour and a special "Taste of Japan" luncheon.





guage class is held every Monday from 10 am - noon in the ACS Outreach Room, Bldg. 402. For more information, call 263-8089.

- **Knitting Class** meets every Tuesday of the month from 9:30 - 11:30 am in the ACS Outreach Room. Learning to knit or crochet can be great fun. Let our Japanese volunteer show you how. For more information, contact the Relocation Office at 263-8089.

- **Sponsorship Training**

Learn how to be an effective sponsor. Sponsorship training is held the 2nd Thursday of the month at ACS from 1:30 - 2:30 pm in the Outreach Room. This training is mandatory for Soldiers and civilians who are assigned as sponsors. Unit training is available upon request by calling 263-8089.

- **Pre-deployment Training**

ACS offers this training the 2nd Thursday of the month from 3 - 4 pm in the Outreach Room. This training is available to all deploying military members and their families. The briefing discusses ways to prepare financially, physically, and emotionally for family separations. Unit training is also available by calling 263-8089/4572.

- **Deployment Readiness Support Group**

If your spouse is deployed, then Army Community Service is looking for you! ACS conducts a support group for family members of deployed Soldiers. The support group is held the 2nd Thursday of the month from 5:30 - 6:30 pm in the ACS Community Room, Bldg. 402. For more information, call 263-8089/4783.

### **AFTB AND AFAP / MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-4783**

Did you know that you can take Army Family Team Building courses online? Levels I, II, and III are all available at your fingertips! Just log onto [www.aftb.org](http://www.aftb.org) and register. For more information, please call 263-4783.

### **FAMILY ADVOCACY PROGRAM 263-8327**

- **Family Maltreatment Prevention**

The Family Advocacy Program provides services that are designed to prevent spouse and child abuse. The prevention of family violence is a community responsibility, which includes awareness, education, and intervention in high-risk situations. If you, your unit, or organization would like to schedule a class, workshop or seminar on topics such as spouse and child abuse prevention, reporting and referral procedures, safety education, family life enhancement etc., contact the Family Advocacy Program at 263-8327.

The Reporting Point of Contact (RPOC) for suspected child or spouse abuse is the Military Police at 263-3002. If you have questions regarding child or spouse abuse, call 263-8327.

### **NEW PARENT SUPPORT PROGRAM (NPSP), 263-3638**

The NPSP specialize in assisting and offering services to new and expecting parents.

- **Play Morning** is an interactive playgroup for parents and children birth to 6 years and is offered every Tuesday at SHA CDC from 9:30 - 11:30 am and every Thursday at Zama Chapel, 9:30 - 11:30 am.

In conjunction with Play Morning,

the NPSP has a Baby Love Seminar every 4th Tuesday of the month. This 1-hour informative session is facilitated by a subject matter professional providing a wealth of information on a variety of topics relating to children from birth to 6 years of age.

### **COMMUNITY LIFE OFFICE 263-5550**

- **Volunteer Information**

Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. Historically, America has a long and proud tradition of relying on volunteers to help other people help themselves. Today, America's volunteers are touching other people's lives by solving problems, while exploring new chances for personal growth.

- **Community Information Exchange (CIE)**

The Community Information Exchange is held monthly and it enables community leaders, command spouses, FRG representatives, unit representatives, organization leaders and any military or civilian who would like to attend to come together to share information. The next CIE will be held on 27 April at 9 am in the ACS Community Room.



# Y

oga. "Hatha Yoga" is now being offered on Mondays, 5 - 6:30 pm, at the Yano Fitness Center and Wednesdays, 5 - 6:30 pm, at Army Community Service. The cost is \$6 per class or \$20 per month (Monday or Wednesday). Sign-up at the Yano Fitness Center front desk or phone 263-4664.

## ■ Sports Office • 263-3954

### BALANCE PHYSICAL THERAPY

"Balance Physical Therapy with Yukari" (Spinal Alignment, Seitai) available on Fridays, 5:30 - 8:30 pm and on Sundays, 11 am - 6 pm. Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment.

### MASSAGE THERAPIST

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Days offered are Tuesdays - Saturdays (first appointment is 10:30 am and the last appointment is 4 pm). Call the front

desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment.

### THE TANNING BOOTH AND AQUA MASSAGER ARE AVAILABLE FOR USE:

• **Tanning Booth:** \$2.50/visit, \$20 for 10 visits, \$35 for 20 visits.

• **Aqua Massager:** \$5 for 15 minutes

• **Jacuzzi, Steam Room and Sauna**

The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings the jacuzzi is closed for maintenance.

### AQUATICS, 263-5656

#### • Pool Party Reservations

If you are considering a pool party please submit a "Pool Party Reservation Request" to the aquatics director at the Yano Fitness Center no less than two weeks in advance of the date being requested. Forms are available at Yano Fitness Center. Forms can be faxed to you at your request. Open dates can be verified by phone, however, a reservation is not officially accepted until the form has been submitted, the reservation date and time confirmed for availability by the aquatics director, availability of staff assessed (for after hours pool parties specifically), and the aquatics director approves the

7

PERSON SOCCER

**Saturday  
16 April  
10 am**

- Open to all (18 years of age and older and not in high school).
- Entry deadline is Tuesday, 12 April, 5 pm.
- Awards: 1st and 2nd place teams.
- For more information, call Andy Abear, 263-7980.



The tournament is free for units/activities from Camp Zama (all others \$25).

••• Junior Lifeguard Program •••

GUARD START

11 - 15 April, 9 am - 4 pm  
Monday - Friday

Guard Start is for youth 11 and older who are interested in building a foundation of knowledge, attitudes, and skills to prepare them for the American Red Cross Lifeguard Training Course. There is also a mentoring program for youth who successfully complete the Guard Start Program enabling them to volunteer as Junior Lifeguards. Registration for the Guard Start Program ends Wednesday, 6 April. Registration is taken at the front desk at the Yano Fitness Center. See flyer for specific details including prerequisites.

For more information, contact Kimberly Bailes at 263-5656.





request. For more information, contact Kimberly Bailes, 263-5656.

### • **Training Reservations for the Swimming Pool**

If you are considering utilizing any of the pools for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the aquatics director at the Yano Fitness Center. For reservations at the Yano pool, submit the reservation request preferably *two weeks* in advance but **NO LESS THAN one week** in advance. Forms can be faxed to you at your request. Open dates can be verified by phone, however, a reservation is not officially accepted until the form has been submitted, the reservation date and time confirmed for availability by the aquatics director, availability of staff assessed, and the aquatics director approves the request. For more in-

formation, contact Kimberly Bailes, at 263-5656.

### PT TRAINING

Need ideas for PT Training? Do you need an instructor? We can help!

Types of training we support:

Water Survival Training, Aqua Jogger, APFT Swim Test, Group Swimming Lessons (for Soldier PT only), Water Exercise, Swimming Technique, Water Polo, and Water Basketball.

For information reference any of the above classes and reservations, contact Ms. Bailes at 263-5656.

## POOL HOURS

### YANO POOL

Mon - Fri	6 am - 6 pm
Sat, Sun & Holiday	10 am - 6 pm

(unless otherwise posted)

Lifeguard Office 263-5037

*For more information, please contact Ms. Bailes at 263-5656.*

### INSTRUCTORS/MASSAGE THERAPIST NEEDED

*The Yano Fitness Center is looking for Aerobic and Yoga instructors, and a Massage Therapist, Softball Officials and Scorekeepers. If interested, please call the Sports Office at 263-3954 or 263-7980.*

## WATER SAFETY

The Water Safety Instructor Course prepares the individual to teach the American Red Cross Learn-to-Swim Program, as well as Basic Water Safety, Whale Tales, and much more.

The course date are as follows:

18 April - 16 May, Mon, Wed, Thu, 5:30 - 9:30 pm  
30 April - 14 May, Sat, 8:30 am - 5:30 pm.

**Registration deadline is Wednesday, 13 April.**

## INSTRUCTOR COURSE

See flyer for registration fee, prerequisites, and information specific to this course. Registration is taken at the front desk at the Yano Fitness Center.

••• For more information, contact Kimberly Bailes, 263-5656. •••

# Spring LEARN-TO-SWIM PROGRAM



**Schedule:**

- 2 April - 1 May: Sat and Sun classes
- 18 April - 6 May: Mon, Wed & Fri classes
- 19 April - 17 May: Tue and Thu classes

Registration for the April Learn-to-Swim Program ends Wednesday 13 April for weekday classes. Registration is taken at the front desk at the Yano Fitness Center. The deadline to register for each session will be the Wednesday prior to the start of each session.

See flyer for specific details: fees, locations, dates, times, and levels offered. Some dates may change or vary. Classes may be cancelled based on staffing availability and/or participation at specific locations, times, and levels. For more information, contact Kimberly Bailes, phone 263-5656.

“See the Bugle for the  
advertisement”.



# ■ Academic Training Division • 263-5633/3992

## JAPANESE HEADSTART

This free course is mandatory for all military personnel assigned to Camp Zama. Learn about Japanese customs, culture, and language. Adult family members and DACs are encouraged to attend. To enroll, please telephone 263-5311/3015.

Course Periods:

4 - 8 April and 25-29 April  
8 am - 4:30 pm

## FREE JOB SKILLS DEVELOPMENT CLASSES

Windows XP 15 April & 5 May  
8:30 am - 4 pm

MS Word 21 - 22 April  
8:30 am - 4 pm

MS Excel 11 - 12 May  
8:30 am - 4 pm

MS PowerPoint 25 - 26 May  
8:30 am - 4 pm

The windows XP one-day course is a prerequisite for all MS office

classes. Do you want to unleash the power of your computer or enhance your job skills for job search or promotion? Hurry and sign up for the Microsoft Office classes available at the Army Learning Center. Adult family members and Army civilians have priority, but other adults are eligible to take the classes on a space available basis. To enroll, please phone 263-5271 or e-mail adam.goldstonrumpke@us.army.mil.

# ■ Chapel Activities • 263-4898

## CATHOLIC SERVICES

**Mondays - Thursdays**, noon - 12:15, daily mass. Blessed Sacrament Chapel

**Sundays**, 9:15 am, Mass, Zama Chapel

**Sundays**, 11 am, CCD, Religious Education Center

Childcare is provided for children up to age 36 months from 9 - 10:30 am in Bldg. 502 (building next to the chapel parking lot).

**1st Sunday**, 5 pm, Parish Potluck, Religious Education Center

**1st Friday**, 7:30 pm, CWOC Mass, Blessed Sacrament Chapel

**2nd Friday**, 7 pm, Our Lady's Rosary Makers, Religious Education Center

## PROTESTANT SERVICES

**Sundays**, 9 am, Sunday School / Team-Kid, Religious Education Center

A nursery is provided for children up to age 36 months at Zama CDS, Bldg 502, during the time of Sunday services only.

**Sundays**, 11 am, Worship Service, Zama Chapel

**Sundays**, 5:30 pm, Youth Group, Chapel Annex

## SAGAMIHARA INSPIRATIONAL SERVICES

**Sundays**, 9 am, Sunday School, Sagamihara Chapel

**Sundays**, 10:30 am, Worship Service, Sagamihara Chapel

## PENTECOSTAL WORSHIP SERVICE

**Sundays**, 8 am, Worship service, SHA Chapel

## SEVENTH DAY ADVENTIST SERVICES

**Saturdays**, 9:15 am, Sabbath Worship Service, Zama Chapel

**Wednesdays**, 6:30 pm, Prayer Meeting Service

**Fridays**, 6:30 pm, Vespers Service, contact Mr. Gilman at 263-9004 (W) or 046-293-0156 (H)

## JEWISH SERVICES

**2nd and 4th Friday**, 5:30 pm, Yokosuka Naval Base Chapel, LCDR Gersh, 243-9511

## ECKANKAR

An introduction to Eckankar, religion of the light and sound of God, will be on 22 April from 12:30 to 1:30 pm at the Religious Education Center, room 112. Call Sue at 267-6227 for more information.

## BUDDHIST SERVICES

(Soka Gakkai International)

**Mondays and Fridays**, 7 pm, discussion and meditation, SHA Chapel, contact Mr. Fulford at 046-257-0613 or Mr. Connie Slade at 268-4974.

## ON GOING BIBLE STUDIES

**Wednesdays**, 6 - 8 pm, Protestant Women of the Chapel (PWOC) Bible Study, Zama Chapel, Carleen Dunn at 267-6275

**Thursdays**, 9:30 am, PWOC Bible Study, Carleen Dunn at 267-6275

## CHAPEL ACTIVITIES IN APRIL

**6 April**, 6 - 8 pm, PWOC Fellowship and Dinner, Zama Chapel, Childcare provided.

**8 April**, 7:15 am, Spiritual Orientation Tour to Kamakura.

**8 April**, 6 pm, Confirmation by Archbishop O'Brien, Zama Chapel.

**16 April**, Zama Protestant Men's Breakfast Fellowship, Zama Golf Course.

The Zama Chapel has many other programs for you and your family (bible studies, youth groups, men's groups, women's groups, music programs). If you desire more information, please call the chapel at 263-4898.

## THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

(The Mormons)

**Sunday Services**, 2 - 5 pm at the LDS Chapel on Highway 16

**Tuesday Night Youth Service**, 7 pm at the SHA Chapel

# T

ry our newest on-line research tools: Expanded Academic ASAP, The History Resource Center, and Morningstar.com to find the information you need. Stop by the library and discover a world of information at your fingertips.

## LIFETIME SPORTS & RECREATION

Read a Book (adult = 1 book / minimum of 300 pages; child 6 - 4 = total of 14 easy or 300 pages of fiction or non fiction)



"See the Bugle for the advertisement".

## Community Libraries • 263-3517

### E-BOOKS

Read, browse or check it out. Over 2,000 titles are available on subject areas such as military, business, computer science, psychology, and religion. Everyone is eligible. Use at the library or at home. Stop by the Zama, SHA or Depot Library to apply for a personal E-book account today.

Have fun learning lifetime skills by joining the Lifetime Sports and Recreation Program! Read a book and participate in any other three additional events/programs and receive a free lifetime hat or shirt.

### NEW MCNAUGHTON BOOKS

- State of Fear by Crichton, Michael (Best Seller)
- His Excellency by Ellis, Joseph J (Best Seller)
- London Bridges by Patterson, James (Best Seller)
- A Redbird Christmas by Flagg, Fannie
- The Games Do Count by Kilmeade, Brian
- Falling Awake by Krentz, Jayne Ann
- The Virgin's Lover by Gregory, Philippa
- Runaway by Munro, Alice
- Eleventh Month, Eleventh Day, Eleventh Hour by Persico, Joseph E.
- Faithful by O'Nan, Stewart
- Life Expectancy by Koontz, Dean R.
- The Godgather Returns by Winegardner, Mark

- I am Charlotte Simmons by Wolfe, Tom

### NEW BOOKS

- Test Your Cultural Literacy IQ by Zahler, Diane
- Civil Rights Chronicle
- US Citizenship by Devine, Felice P.
- US Citizenship by Dummies by Heller, Steven
- How to Get a Green Card by Lewis, Loida Nicolas
- US Immigration and Citizenship Q & A by Schell, Debbie M.
- Alcoholics Anonymous
- How to Quit Drinking Without AA by Dorsman, Jerry
- How to be a Successful Online Student by Gilbert, Sars D.
- Peterson's Ultimate GRE Tool Kit 2005 by Johnson, Drew
- Master the CLEP 2005 by Lieberman, Leo
- Master the GRE 2005 by Martinson, Thomas H.
- Master the SAT 2005 by Pine, Phil
- Master the GMAT 2005 by Martinson, Thomas H.
- Peterson's Ultimate GMAT Tool Kit 2005 by Stewart, Mark Alan
- Peterson's CLEP Success 2005
- Guide to Career Colleges
- English Simplified by Ellsworth, Blanche
- Word by Word by Molinsky, Steven J.
- Speed Reading by Buzan, Tony
- Peterson's Nursing Program
- The Barefoot Contessa Cookbook by Garten, Ina
- Bear's Guide to the Best MBAs by Distance Learning by Bear, John

### NEW DVDS

- Tin Cup ..... Drama
- The Scarlet Letter ..... Drama
- Animal Farm ..... Family
- Oliver Twist ..... Family
- Stalag 17 ..... Classics
- Now, Voyager ..... Classics
- An Occurrence at Owl Creek Bridge ..... War
- Treasure Island ..... Adventure
- Getting Away with Murder ..... Comedy
- Freddy vs. Jason ..... Horror





**Camp Zama, Japan**

# 28TH CHERRY BLOSSOM FESTIVAL

**SATURDAY, 9 APRIL 2005**

## Adults 10 AM ~ 7K RUN & 3K WALK

• Entry Fee: \$10 for SOFA, ¥2,000 for non-SOFA

## Youth 8:30 AM ~

## 3K RUN & 3K WALK

• Entry Fee: \$10 for SOFA, ¥2,000 for non-SOFA

**SPECIAL  
ADULT PRIZE:**

**PAIR OF AIRLINE TICKETS TO  
THE USA (COURTESY OF  
CONTINENTAL AIRLINES)**

### INFORMATION FOR ADULTS:

- Starting time: 10 am in front of the Community Cultural Center
- Registration: At the Yano Fitness Center NLT 1 April (T-shirts will only be given to the first 400 people who register).
- Awards: Top 3 awards in both men's & women's divisions in the following age categories: 18 - 29, 30 - 39, 40 - 49, and 50 plus (awards also to the overall top male & female runners)
- For information, phone Andy Abe at 263-7980

### INFORMATION FOR YOUTH:

- Registration at Central Registration Office 1 March - 3 April and morning of race 7 - 8 am at table set-up inside CCC
- Packet pick-up and lottery ticket for all youth participants at CCC from 7 - 8 am, 9 April
- Awards for top three boys and girls for each age group (gold, silver and bronze medals)
- Awards and lottery drawing directly after race at CCC (each child will receive a lottery card for sponsor prizes awarded after age group medals)
- For more information, phone Youth Sports Office at 263-5437/5991/3424

### ADULT DOOR PRIZES (all participants are eligible):

- Pair of tickets to the August NFL game in Tokyo (Colts vs Falcons)
- Canon Digital Camera (courtesy of DYDO Drink Co)
- Power Tool (courtesy of Grainger Inc)
- JVC VHS Player (courtesy of AAFES)
- JVC DVD Digital Theater System (courtesy of AAFES)

### YOUTH DOOR PRIZES (all participants are eligible):

- 2 ea Nintendo DS Video Game Systems (courtesy of DYDO Drink Co)  
2 drawings, 1 ea for American and Japanese youth participants
- 2 pairs of Tokyo Summerland tickets  
2 drawings, 1 ea for American and Japanese youth participants
- Mountain Bike (courtesy of Grainger, Inc)
- JVC Portable CD Player (courtesy of AAFES)
- Backpack (courtesy of K2 Japan)

**THANKS** to all of our sponsors for supporting this event:



Sponsorship does not imply endorsement by the U.S. Government.

FOR THE ONES WHO GET IT DONE



# CHERRY BLOSSOM FESTIVAL



This photo turns to reality at Camp Zama's 28th Cherry Blossom Festival on Saturday, 9 April 05. Each community member, from the youngest to those most senior, can enjoy a rewarding cultural experience by participating in the tea ceremonies, viewing the attractive Ikebana (Japanese flower arranging) displays, enjoying the Japanese entertainment including the energetic Taiko drums, or by making new Japanese friends.

As a representative of the Zama community, do your part by extending your hand, and your smile, by making an effort to welcome our Japanese neighbors to our installation.

The cherry blossom season is a special time in Japan. It signals the beginning of spring. The beauty and aroma of the blossoms creates a festive atmosphere for families, friends and co-workers to relax, reflect and enjoy the tranquility of the natural surroundings.

And, an ancient but highly respected adage states that if a flower petal happens to land in your cup of sake, you will surely have good luck.....

"SAKURA.....SAKURA.....SAKURA....."





“See the Bugle for the  
advertisement”.

# C

heck out

Cafe' Roberto's!!!

Sandwiches, salads, nachos, pizza, great coffee, and "smoothies" are available for your eating pleasure.

Every Wednesday is Mongolian BBQ night! Join the crowd and enjoy!

## ■ Camp Zama Community Club

• 263-4133

### ■ EDA'S SEAFOOD AND FILET

Check out Eda's new menu.

A touch of elegance featuring quality meals and service. Dinners for as little as \$18.95! Something for everyone! Reservations are encouraged. Dress code is business casual; no tie or jacket required. Open Thursday and Sunday from 5 - 9 pm; Friday and Saturday from 5 - 10 pm.

### ■ BINGO NIGHT

More games and more money to pay out. Progress SR Jackpot \$10,000.00 starting with 48 numbers and every Sunday will go up one number. On Thursday, cards go on sale at 6 pm, the game starts at 7 pm, and on Sun-

day cards go on sale at 5 pm, the game starts at 6 pm. Every Thursday and Sunday nights try out terrific games! Join the winner's circle with many others who have won our money giveaway. Maybe you will be one of the lucky ones to win our large cash payout. But, you will never know unless you come out. Don't worry about dinner; you can eat while you play.

### ■ USA SUNDAY BRUNCH

Open 10 am - 1:30 pm.

adults: \$12.95; youth (8 - 12) \$4.95; youth (4 - 7) \$2.50; and youth (3 and under): Free

### ■ MONGOLIAN BBQ

Every Wednesday in the ballroom, 5 - 9 pm, with modified menu. Reservations are welcome. USA Dining Room and Eda's Seafood and Filet will be closed.

### • Firelite Lounge

Thu Variety Music 8 - 11 pm

Fri Karaoke 7 - 10 pm

Hip Hop

10 pm - 3:30 am

Sat Country

8 pm - 2:30 am



**Family Night Dinner** Any two meals for \$10  
**"Every Tuesday, 5 - 9 pm"**

- Meat Loaf
- Herb Roasted Chicken
- Tonkatsu
- Spaghetti w/Meat Sauce
- Roast Beef

*Served with vegetable of the day, choice of baked potato, rice, mashed potatoes, French fries and soup and salad bar*

**Cherry Blossom Friendship Festival**



**Club Operation Hours**

Cafe Roberto's:  
 Breakfast (Continental) 7 - 9 am  
 Lunch Closed  
 Evening 6 pm - 1 am

USA Dining Room: 6 - 10 pm  
 Eda's: 6 - 10 pm  
 Firelight Lounge: 7 pm - 2:30 am  
 Game Room: 6 pm - 2 am

**Camp Zama Community Club**

**Secretary's Day Lunch**

**Wednesday, 20 April**  
**11 am - 1 pm**  
**In the Ballroom**

**Advance tickets: \$6.95**

Advance tickets are available at the cashier's window (cut off date is 19 April). There will be an additional \$2 charge at the door.

For more information, please call 263-4133





## LUNCH

### Sunday

Sunday Brunch (10 am - 1:30 pm)

Adult: \$12.95

Youth 8 - 12: \$4.95

Youth 4 - 7: \$2.50

3 and under: Free

### Monday - Closed

### Tuesday

5 Corned Beef w/Cabbage

12 Shepherd's Pie

19 Spanish Garlic Chicken

26 Wurst Sausage and Sauerkraut

### Wednesday

6 Turkey A La King

13 Pork Adobo

20 Secretary's Day Luncheon

(Ballroom 11 am - 1 pm)

Hamburger Steak

w/Mushroom Sauce

27 Beef Bourguignone

### Thursday

7 Pork-N-Green Pepper

## LUNCH

14 Bulkogi Beef

21 Pork and Shrimp Happou Sai

28 Chicken and Stir Fry

Vegetables

### Friday - Smorgasbord

1 • BBQ Sliced Pork

• Fried Chicken

• Potato Au Gratin

8 • Teriyaki Fish Fillets

• Sweet Sour Pork

• Fried Gyoza

15 • Mexican Chicken

• Beef Fajita Bar

• Burritos

22 • Beef and Broccoli

• Fried Fish Fillet w/Ankake

• Steamed Shumai

• Fried Rice

29 • Baked Meat Loaf

• BBQ Chicken

• Cajun Red Beans Sausage

**Saturday - No Lunch**

## DINNER MENU

### Sunday

• 2 for 1 Steak Night

• Limited Menu

• Fine Dining

### Monday - Closed

### Tuesday

• Regular Menu

• Two for one special (\$10)

### Wednesday

• Mongolian BBQ

• Limited Menu

### Thursday

• Limited Menu

• Fine Dining

• All You Can Eat Pizza,

Pasta Bar and Salad Bar \$9.95

### Friday

• Fine Dining

• Regular Menu

• Chef's Special

### Saturday

9 Club will be open 6 pm

(Cherry Blossom Festival)

• Fine Dining

• Regular Menu

• Prime Rib Dinner

• 6oz Prime Rib and

Shrimp Scampi (\$12.95)

## OTHER EVENINGS IN THE USA DINING ROOM

- Chef's Special on Friday evenings plus regular menu.
- Prime Rib and Seafood Combo on Saturday.
- 2 for 1 Steak Night every Sunday (good for "steak of the night" only)
- Our regular menu will be offered in addition to the above specials on Saturday night and modified menu on Sunday nights!

camp zama community club • firelite lounge • 263-4547

# USAR-J

community night



friday  
22 april  
5-8 pm

at the door: \$5.00

advance tickets: \$3.00

lots of finger foods • karaoke • information: 263-4547

Camp Zama Community Club

Adults: \$9.95

Youth:

4 - 7: \$3.95

8 - 12: \$5.95

Under 3: FREE



## THURSDAY NIGHT

*Special*

• All you can eat pasta,  
pizza, soup and salad bar.

• We are offering four  
different pizza toppings and  
10 - 15 different kinds of salad.

For more information, phone 263-4133

# T

he Zama, SHA and Sagami General Depot areas are beautiful places for traditional Japanese "Cherry Blossom Viewing". Come join us.



## Sagami Lounge April Activities

- Friday, 1 April, 8 pm, 70's and 80's Music w/DJ
- Friday, 8 April, 8 pm, Country Music w/DJ
- Saturday, 9 April, 6 - 8 pm, Family Night Bowling
- Friday, 15 April, 8 pm, 70's 80's Music w/DJ
- Friday, 22 April, 8 pm, Country Music w/DJ



## ■ Sagami Lounge • 268-4954/4847 Orders: 268-4142

### LUNCHES

#### MONDAY

- 4 Stuffed Chicken w/Gyoza Meat
- 11 Beef Roladen w/Burgundy Sauce
- 18 London Broil w/Mushroom Gravy
- 25 Cajun Chicken Wrap

#### TUESDAY

- 5 Okinawa Style Roast Pork w/Butter Rice
- 12 All-U-Can Eat Pasta Station
- 19 Okinawa Style Chicken Taco Rice
- 26 All-U-Can Eat Pasta Station

#### WEDNESDAY

- 6 Meatball Stroganoff w/Egg Noodles
- 13 Italian Grilled Chicken and Potatoes
- 20 Fettucine Meatball and Pizza
- 27 Lasagna w/Garlic Bread

#### THURSDAY

- 7 Indian Style Baked Chicken w/Curry Sauce
- 14 Breaded Pork Chop w/Cheese Garden Salsa
- 21 Hamburger Steak w/Burgundy Sauce
- 28 Polish Sausage w/Sauerkaraut & Potatoes

#### FRIDAY

- 1 Mexican Tuna Salad Wrap
- 8 Creamed Seafood Pot Pie
- 15 Shrimp Scampi w/ Rice
- 22 Seafood and Vegetable Tempura
- 29 Fried Catfish

### DINNER SPECIALS

#### TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$7.50)

- 5 Mexican Dinner Special
- 12 BBQ Dinner Special
- 19 Japanese Dinner Special
- 26 Pizza & Pasta Dinner Special

#### WEDNESDAY NIGHT

6, 13, 20 and 27 April, draw your own discount

#### THURSDAY NIGHT (CHEF'S DINNER SPECIALS)

- 7 French Dinner: Beef Tenderloin King Oscar
- 14 Chef's Choice: Steak and Potato Gratin
- 21 Korean Dinner: Beef and Kimchee Saute
- 28 Italian Dinner: Grilled Chicken w/Spicy Sauce

#### FRIDAY NIGHT

- 1 Steak and Lobster Tail (\$25)
- 8 Steak Wellington (\$25)
- 15 Steak and Crab Legs (\$25)
- 22 Steak and Shrimp (\$20)
- 29 Prime Rib (\$20)

#### SATURDAY

#### NIGHT (MONGOLIAN BBQ)

Saturday, 2, 9, 16, 23 and 30 April.



## ■ Hob Nob Inn • 267-6097

### HOB NOB NEWS

The Hob Nob Inn dining room in the Sagami-hara Housing Area is available for use for private parties, Monday through Saturday. Dates and times are available on a first-come, first-serve basis. Room deposits are required to hold the date. Please contact the Hob Nob Inn for your reservation at 267-6097.

### KARAOKE NIGHT

Every Friday, 4:30 pm - 1 am. A great way to get together with your friends. Adults only.

### HOURS OF OPERATION

Mon, Tue, Thu: 4:30 - 9 pm  
Wednesday: 4:30 - 11 pm  
Friday: 4:30 pm - 1 am  
Saturday: 7 pm - 1 am  
Sunday, Holiday: Closed



# ■ Camp Zama Golf Club • 263-4224

<http://www.usarj.army.mil/information/mwr/business/golf/>

## MAJOR TOURNAMENT SCHEDULE FOR 2005

- **Match Play Qualifier: 21 May**
- **Zama Masters: 11 - 12 June**
- **Club Championship: 3 - 5 September**
- **Zama Open: 22 - 23 October**

### PAYDAY SCRAMBLE (FREE)

Friday, 1 April, shotgun start at noon. MWR is paying the \$15 entry fee and green fees for nonmembers. MLC/IHA pay ¥4,000 and JGSDF pay ¥2,000.

### NICHIBEI FRIENDSHIP GOLF TOURNAMENT

Monday, 18 April, shotgun start at 9:30 am. Cost is \$25 for annual members and includes cart and prizes. To sign up contact Ernie Harada at 263-4225 or e-mail to [ernie.harada@zama.army.mil](mailto:ernie.harada@zama.army.mil).

### TOMODACHI DAY

Tomodachi Days in April will be held on Friday the 8th, 15th and 22nd. Up to three of your Japanese guests can play with you for the low fee of

¥4,000 plus cart fee. This is a significant savings over the regular rate of ¥10,000.

### ATTENTION GHIN SUBSCRIBERS

Don't forget to renew your GHIN

(Golf Handicap Information Network) annual dues of \$20.

### NOTE

Looking for a locker to rent at the golf course? The annual fee is \$60 and lockers are now available. Sign up in the golf shop.

Please repair ball marks on the green. A ball mark repaired correctly heals in a few days. If it is not repaired, or is repaired incorrectly, it will be visible for weeks.



## LEARN TO GOLF ADULT CLASSES

**"Take the Mystery out of Golf"**  
**Session #2**

Price includes - Five group lessons (four at the range and one on the golf course), plus four 9-hole rounds of golf (golf cart not included). Instruction will cover putting, chipping, full swing, rules and etiquette. This course is designed for beginner golfers.

Instructor: Dale Jorgenson, Director of Golf (263-4224)  
Date: Wednesdays - April 6th, 13th 20th, 27th and May 4th.  
Time: 1600 - 1730  
Class Size: Maximum 8 students  
Minimum 6 students  
Price: \$75  
Enroll: Sign up at the golf course pro shop.

**Next session starts 6 July.**

Classes are open to SOFA status and MLC/IHA/HPT or JGSDF patrons only.



# Cherry Blossom Friendship Golf Outing



## Saturday, 9 April 7:30 am (shotgun start)

- \$25 for SOFA status golfers (with annual green fee card)
- \$37 for SOFA status non-members
- Includes breakfast, lunch and door prizes.
- Handicaps are not required.
- Limited to 144 players.
- Contact Ernie Harada at 263-4225 to sign up

# U

sed car referral service. New to Camp Zama or PCS'ing and need to buy or sell a car? Stop by your Camp Zama Auto Crafts and let us help you. We will list your vehicle for sale on our referral list. All vehicles must be registered to qualify for this free service.

## ATTENTION:

### Windshield Chip and Crack Repair.

Prices start at \$30. Stop by for your appointment and estimate.

## ■ Auto Craft Shop • 263-3615

### HOURS OF OPERATION:

Monday and Tuesday - CLOSED  
Wednesday - Friday  
1 - 9 pm  
Saturday - Sunday  
10 am - 6 pm

### PLEASE NOTE:

- Wednesday - Friday clean up starts a half hour before closing.
- Sunday clean up starts one hour before closing.

### APRIL CLASSES

- **Automotive Servicing**, 6 and 20 April. In this class you will learn to properly inspect and service your vehicle. Instruction includes checking oil levels, servicing and adding fluids and tire inspection and inflation. Great for beginners.
- **Ladies Day**, 6 and 20 April, 1 - 9 pm.
- **Motorcycle Tuning and Servicing**  
In this class you will learn the proper procedures to correctly service your motorcycle. If you have a maintenance manual, please bring it.

### LADIES DAY

Ladies, have you ever wanted to repair your car but just did not know how? Your Camp Zama Auto Craft Shop is pleased to offer "Ladies Day". You will receive personalized instruction and assistance to repair and keep your vehicle in top running shape. The personalized service is free; all you pay is a nominal facility usage fee.

### SERVICES

- **Used Vehicle Courtesy Inspection**  
We offer a 20 point courtesy inspection for Soldiers and eligible personnel who are considering the purchase of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying it. We do not make recommendations or give guarantees. Inspections are done by appointment only.
- **Towing Service and Roadside Assistance**  
We offer a towing service and roadside assistance Wednesday through Sunday. Call for rates and more information.

## NEW SERVICES Only \$59.95

### Professional Fuel Injection Cleaning Service: \$59.95

Cleans fuel system and injectors for easier starts (especially cold weather), better engine performance and helps improve gas mileage.

### Professional Oil System Cleaning Service: \$59.95

Cleans engine oils system. Helps remove the sludge built up in engines that have not had frequent oil changes. Also helps eliminate noisy lifters. Environmentally safe (oil & filter extra).

Call for appointment, 263-3615

## Indy Japan Car Racing

The Camp Zama Auto Crafts, in partnership with Outdoor Recreation, is sponsoring at trip to the Indy 300 held at Motegi Speedway on 30 April. Join us for the fun and excitement of American Indy Car Racing. Sign up at the Outdoor Recreation Office.



### CARWASHES

Auto Crafts has three car wash locations: Camp Zama, Sagamihara Housing and Sagami General Depot. All locations offer the same service. The cost is very reasonable! ¥300 for a water wash, ¥500 for a "soap wash" and ¥600 for wash and wax. All machines now accept 25¢ coins. Cost is \$3, \$5 and \$6 respectively.

At Sagamihara Housing Area, the car wash is located behind the Sagamihara Gym Annex Bldg #S126, open 24 hours; at Sagami General Depot, next to the AAFES Gas Station, open 24 hours; and at Camp Zama at the Auto Crafts Shop, Bldg. #621; open seven days a week, Monday and Tuesday 8 am - 4:45 pm, Wednesday through Friday 8 am - 8:45 pm and Saturday and Sunday 10 am - 5:45 pm.

- **Prepaid cards for the "NEW" car washes** are for sale at the Zama Auto Craft Shop. The cost is ¥3,000, but you get ¥3,500 worth of washing!! Ask Auto Craft Shop personnel for more information.



## Recitals

- Piano recitals by students of Ms. Ishii  
Monday, 25 April, 10 am
  - Hula recitals by students of Mr. Pueblos  
Saturday, 30 April, 10 am
- For more information, call 263-3939.



### CLASSES

The Community Cultural Center offers the following instructional classes:

#### • Piano Lessons

Piano lessons are conducted Monday - Friday. Classes are instructed by Ms. Sekita, Ms. Ishii and Ms. Sako. The cost is ¥6,500 per month.

#### • Violin Lessons

Violin lessons are held on Thursdays and instructed by Ms. Noda. The cost is ¥6,500 per month.

#### • Koto Lessons

Koto lessons are offered each Tuesday and are instructed by Ms. Kawasaki.

The cost is ¥8,000 for adults and ¥7,000 for children per month.

#### • Hula Dance Lessons

Hula dance lessons are held on Mondays and Thursdays and are instructed by Mr. Roger Pueblos. The cost is \$50 per person or \$35 per person for more than one person from the same family.

#### • Jazz Dance Lessons

Jazz dance lessons are offered each Wednesday and are instructed by Ms. Chilson. The cost is \$36 per month for children 4 - 6 years of age, and \$40 per month for those seven and above.

### FACILITY RESERVATIONS

Looking for a place to conduct your training sessions, ceremonies and briefings? The Community Cultural Center is the place. For more information, phone 263-3939.

### RENTALS

The Community Cultural Center has sound equipment, costumes, table rentals, table cloths/skirts, tournament dart board games, and tournament chess game sets for rent.

Looking for that perfect costume for birthday parties, holidays, and other events? The Community Cultural Center is the place for you. We have over 300 costumes and wigs for your rental needs.

### CCC NEEDS INSTRUCTORS

*The Community Cultural Center is seeking instructors to teach piano, taiko drum, ballet, Japanese gourmet cooking and salsa dance. Interested persons should contact the Community Cultural Center or call 263-3939 for more information.*

"See the Bugle for the advertisement".

# C

## ustom

### Picture Framing.

All orders are completed on a first come, first served basis. We have a variety of moulding, mat boards, design colors and styles for you to choose from.

## ■ Arts and Crafts • 263-4412

Stop by to engrave a "Torii Gift" for your friends.

### LIFETIME SPORTS AND RECREATION

Washi paper class, 4, 11, 18 and 25 March, 2 - 4 pm and 4 - 6 pm. \$15 does not include materials. Materials are available at the Center.

### INSTRUCTORS NEEDED

The Arts and Crafts Center is looking for instructors to teach gift wrapping, pottery, water color, acrylic

paint, stained glass, woodworking and various other arts and crafts.

### WOODWORKING ORIENTATION

Thursday, 6 - 6:30 pm, and Saturday, 10 - 10:30 am. DA 3031 Qualification Card is issued after the safety orientation. No fee.

### THE CRAFTS STORE

The Crafts Store at the Arts and Crafts Center has many products for your crafts and fine arts needs. Choose from Washi paper, rubber stamps, ceramic supplies, oil and acrylic paints, polymer clays, tea boxes, plywood and more.

### PRINT SHOP

#### • Screen Printing and Heat Transfer Printing

We carry heavyweight 100% cotton t-shirts. We will special order colors, size and style of shirts based on your request. All orders completed on a first come, first served basis.

### ..... ARTS AND CRAFTS CLASSES .....

Framing			
Basic	Wednesday	6 - 8 pm	\$10 plus materials
Advance & Refresher		Appointment only	\$10
Textile Arts	Thursday (1, 2 and 3rd)	5 - 7 pm	\$15
Japanese Dough Art	Friday	10:30 am - 12:30 pm	\$10 plus materials
Tole Painting	Thursday (2nd and 4th Saturday)	3 - 5 pm	\$15
Washi Paper	Friday	2 - 4 pm	\$15 plus materials
		4 - 6 pm	\$15 plus materials
Ikebana	Thursday (1, 2 and 3rd)	2 pm	\$15 plus materials
Scrap Book Making	Saturday	2 pm	\$10
Pottery			
(Basic)	Saturday	2 pm	\$10 plus materials
(Advance)	By appointment		\$10 plus materials

*All classes and orientations require registration in advance at the Arts and Crafts Center.*

"See the Bugle for the advertisement".



“See the Bugle for the  
advertisement”.

# F

or dates, times, and more indepth information on all the tours listed below, check out our monthly getaway guide or please call the "Zama Local Tours" office. Our customer service will be happy to help you out!

## April Tours



### ...at a glance

- 2** • Tokyo Motorcycle Show
- Tsukiji Fish Market
- Hakone Excursion
- 3** • Kawasaki Fertility Festival
- Zoo-Rasia
- 6** • Kinoshita Circus
- 8** • Tokyo Disneyland/DisneySea
- Yokota Shopping
- 10** • New Sanno Easter Brunch & Tokyo Free Time
- 15** • Spring Hida Takayama Fest.
- Spring Bazaar at Yokosuka Naval Base
- Nikko Excursion
- 17** • Kamakura Archery Festival
- 22** • "Tokyo Comedy Store" Show in Tokyo
- 23** • Aichi Exposition
- 24** • Tokyo by Day
- Fuji Area Excursion
- 30** • Sumo Stable
- 2005 Indy Japan

*\*Highlighted Tours are listed in bold.*

\*Icons shows the services/fees included in the cost.



•Guide



•Transportation



•Admission/Tickets



•Meals



•Hotel

## Outdoor Rec & Local Tours

263-4671 (Map location 31)

### TOKYO MOTORCYCLE SHOW

Saturday, 2 April

Depart: 9 am • Return: 5 pm

If motorcycles are your fad, we've got the perfect tour for you! The 32nd annual Tokyo Motorcyle Show, held at Tokyo Big Site, is one of the largest gatherings of two-wheelers in Japan! Over four hundred motorcycles from various companies such as BMW Japan, Harley Davidson, Ducati, Aprilia, Kawasaki, Honda, Yamaha and Suzuki to name a few will be on display. The show features numerous booths filled with bikes and accessories, as well as chances to test drive new & old style motorcycles and events for children. *Bring yen for admission, shopping, souvenirs & food/drinks (or feel free to bring your own food/drinks).*

Adults/Youths: \$12 • Infants: \$9



### SPRING HIDA TAKAYAMA FESTIVAL

Saturday, 15 April

Depart: 3 am • Return: 11 pm

Hiding deep within the mountains of the Gifu prefecture, Takayama has been called a "little Kyoto". It's temples, shrines, rivers and bridges are indeed reminiscent of the famed Kyoto on a smaller scale, yet it provides some delights that even Kyoto cannot match! Takayama is an agricultural town filled with local farmers who bring the freshest fruits and vegetables to the morning market and home to carpenters who, legend has it, built the Imperial Place as well as many other temples in Kyoto. This day will feature a special parade of twelve beautifully decorated floats from the Hie-jinja Shrine covered with complex carvings and breath taking tapestries. Included in the procession are three floats that will be dedicated to the

antics of Takayama's famed automaton dolls. *Bring yen for souvenirs & food/drinks (or feel free to bring your own food/drinks).*

Adults/Youths: \$45 • Infants: \$30



### "TOKYO COMEDY STORE" SHOW IN ROPPONGI

Friday, 22 April

Depart: 5 pm • Return: 1 am (Sat)

On this tour, we'll take you to "Bar, Isn't It" in Roppongi to watch the Tokyo Comedy Store's live comedy performance in English. The first half of the show is filled with stand ups, jugglers, musicians, magicians and special guests. The second half of each show features Tokyo's premiere improv comedy group, "Spontaneous Confusion"! Afterwards customers are encouraged to stick around, relax and have some drinks. We'll provide you with train directions for returning to the base or you may choose to catch the bus at 11:30 pm. *Bring yen for food & drinks.*

Adults: \$32



### Better Opportunity for Single Service Member

• **BADD Van-**  
**BOSS Against Drunk Driving**  
Every Friday night at the  
Firelite Lounge (CZCC)  
Rides from 11 pm - 3:30 am  
to Sagami Depot, SHA,  
Camp Zama and Atsugi Housing.

### MEETINGS

\*All meetings are at 2 pm  
at the CCC..

- Tuesday, 5 April
- Tuesday, 19 April



# Outdoor Rec & Local Tours

263-4671 (Map location 31)

## RIVER KAYAKING OVERNIGHT

Saturday-Sunday, 16-17 April

Depart: 4:30 am (Saturday)

Return: 7:30 pm (Sunday)

Sign up by Friday, 1 April!

Beginner Kayakers, let's enjoy touring the river with a beautiful rural village view on Nakagawa River. A friendly guide will take us on a 1.5 km tour the first day, followed by a 8-10 km long tour of the river on the second day.

**Limited to: 7 adult participants only.** Bring swimwear, change of clothes, towels, food/drinks, yen for shopping or food & drinks, sandals w/strap, hat sunglasses, rain jacket & pants. Optionally water proof camera, sport goggles & sun screen lotion.

Adults: \$195

Cost also includes: Kayak & paddle, wetsuit, life jacket & sports insurance.



## HIKING INFORMATION CLASS

Wednesday, 6 April

Starts: 4 pm • Ends: 5 pm

Sign up by Monday, 4 April! This is an informational hiking class for you who are planning to conquer Mt. Fuji, the highest mountain in Japan.

Learn a few tips from the staff of Outdoor Recreation on what to expect on the climb, what to bring and what to wear. Also, information on nearby hiking areas will be provided during the class.

**Limited to: Adult participants only.**

Cost is free.

## YOUTH FISHING DERBY

Saturday, 23 April

Starts: 1 pm • Ends: 3 pm

Sign up by Wednesday, 20 April and receive a free gift! Here is a fun day of fishing for youths. Go fish and get a prize! Fishing tackles and rental poles are available reasonably priced at Outdoor Rec.. For youths who don't know how to fish, a Youth Fishing Clinic will be conducted on 21 April.

Youths (13-18): \$12

Youths (0-12): \$6

Prizes will be awarded for: US Youth ages 13-18 Total Weight 1st-3rd place, US Youth ages 0-12 Total Weight 1st-3rd place, IHA/MLC/ Guest Total Weight 1st place, Largest Fish and Smallest Fish.



## LAKE SHIROYAMA HIKE

Saturday, 30 April

Depart: 6 am • Return: 2 pm

It is a nice easy walk for both youths and adults in the mountains around a large lake. Get a close look at all the things the nature has to offer; birds, flowers, butterflies and more. Let's enjoy the day out in the fresh air and spring's fresh greenery! **Bring a backpack, hat & sunscreen. Rain gear in case of rain.**

Adults: \$17 • Youths: \$13

Infants: \$5



## SEE HOW YOUR GARDEN GROWS

Got a green thumb? Garden plots are available at Zama for only \$25 per plot. Grow some of your favorite fruits, vegetables or flowers!

## CARING KENNELS

Our caring staff will assure that your pets get the special care they need while you are away on vacation or TDY. Daily fees are: \$15/dog kennel, \$10/cat kennel. PCS status has priority. Call the Kennel at 263-5915 for reservations or more info.



## AVAILABLE NOW!!!

For more indepth **info** on tours & events, check out the **monthly brochures** provided at the Outdoor Recreation & Local Tours Office and other MWR facilities. It's **FREE!!!**

**"Spring is here!"**  
Check out our hiking-nature walk tours!

## Got Wheels?!

### Van Rental



We've got the best rates on the Kanto Plain for 8-passenger van rentals. Free toll tickets are provided.

**Only \$50 per day!**  
(plus refueling)

### Truck/Cargo Van (1-1.5 Ton)

- Max 3 hour rental - \$10 per hour
- or \$50 per day rental + refueling

Make your reservations by phone or drop by the office, open 7 days a week except holidays! Full rental fee required upon the reservation.

# S

cuba Locker,  
644-4290.

Check with the training staff to sign-up for scuba classes and don't forget about the opportunity of a lifetime...Dive with a Whale Shark!! The Scuba Locker has the latest equipment for the true diver. Visit us and see the always changing line of diving gear being offered. Whether you are a brand new diver, a novice, or you desire to upgrade to the top level of qualification, we have a highly qualified staff available to train you. Did you know that the Scuba Locker offers free air fills to all ID card holders?

## ■ Torii Station, Okinawa MWR Activities • 644-4270

### Volunteer Appreciation Luncheon

14 April, 11 am - 1:30 pm  
Coral Cove

For more information or to register as a volunteer please call Corinna at 644-4116.

April is "Volunteer Appreciation Month". ACS is hosting a luncheon to honor all volunteers registered through ACS.

#### ARMY COMMUNITY SERVICE 644-4110

##### • Family Advocacy

The Family Advocacy Program goal is to promote healthy families. In an effort to do this, Family Advocacy provides various services to enhance and improve family functioning. Family Advocacy focuses on prevention, intervention and treatment of domestic violence. The Reporting Point of Contact for Torii Station for suspected child or spouse abuse is the Military Police at 644-4715. The point of contact for program or resource information is Cheryl Hogan at 644-4106 or Janet Schnering at 644-4908.

##### • Exceptional Family Member Program

The Army Exceptional Family Member Program (EFMP) is designed to

assist families and support command readiness. Enrollment in the EFMP helps to ensure that service members are stationed where their families' special needs can be met. Special needs are ongoing need for medical treatment, psychological services and/or special education. The challenges of living with special needs have always been present, but the EFMP exists to address those issues in a responsible and compassionate way. Point of contact for information or assistance is Cheryl Hogan at 644-4106.

##### • Army Family Team Building 644-4743

AFTB Level 1 Course will be offered 17 - 18 May in Building 236. Army Spouses! Learn about Army life and how to maneuver through daily challenges by discovering how to decipher Army acronyms, utilize community resources, attain better financial readiness and understand the goal and impact of the Army mission. It is also a fun way to learn and make new friends. AFTB also offers many fun and exciting volunteer opportunities. Call or stop by Bldg. 236 at ACS to find out more about Army Family Team Building and how you can get involved!

##### • English Language Classes

Improve your English language skills by attending ESL classes at ACS. Classes will be held throughout April and May on Thursdays from 9:30 - 11:30 am. Please call 644-4743 to register. This is a relaxed and fun environment to practice English language skills while making new friends.



**Dragon Boat Race**

**Thursday, 5 May**

Men and women who desire to participate as a member of the Army Dragon boat teams can sign up at the Torii Fitness Center, Bldg 275. Women's Team Captain is Mrs. Keoho, 633-4030, and Assistant Captain is Mrs. Gilliland, 633-3103. Men's Team Captain and Assistant are needed to organize the men's team. Contact Mr. Kochi at 644-4334, or e-mail: [tsutomu.kochi@okinawa.army.mil](mailto:tsutomu.kochi@okinawa.army.mil).



## SPORTS, 644-4334

### • **Army Payday Scramble Golf Tournament**

Monday, 4 April, 8 am

E-4 and below: \$24.

Other SOFA: \$27.50,

MLC/IHA: ¥5,100 (\$51)

Others: ¥9,800 (\$98)

Sign up at the Torii Station Sports and Fitness Center.

Call 644-4334 for more information

## AUTO CRAFT CENTER, 644-5612

### • **Hours of Operation:**

Tue and Wed CLOSED

Thu, Fri, Mon 11 am - 8 pm

Sat and Sun 9 am - 6 pm

### PLEASE NOTE:

Clean up starts a half hour before closing.

### • **Safety Orientation**

DA 3031-1 Qualifications Card for use of auto crafts is issued after a safety orientation given every day. This briefing is required before facility use. The

Auto Skills Center is available to solve your automotive problems. Your auto problems can be resolved with the help of our professionally trained mechanics. You won't find a better price anywhere on the island. Let our staff get you ready for your inspection. We can't do the inspection, but we can prepare you for it.

### • **Classes: One-On-One**

There is a class in different types of welding:

One Class / \$20 per hour.

Gas Welding and Cutting

Arc Welding

MIG Welding

Tig Welding

Plasma Cutting and Safety Orientation (free).

## OUTDOOR RECREATION

644-4698

Torii Beach camping area:

\$5/lot with grill, South camping area (for family use).

\$50/whole North camping area (for group use).

## FREE MOVIES

Torii Station free movies are showing at the Coral Cove Club. Look for schedules in the "Island Market", "This Week on Okinawa" and "Torii Newspaper"

## ARTS AND CRAFTS CENTER

644-4303

Mon, Thu and Friday:

noon - 8 pm

Sat and Sunday: 9 am - 5 pm

Tue and Wednesday: Closed

### • **Classes and Services**

Framing and matting classes are available for all military patrons and family members. The wood working and ceramics departments are also available for your use.

## LIBRARY, 644-4468

Enjoy the best DVD Collection on Okinawa! Hours are Tuesday through Saturday, 10 am - 7 pm. The library is in Bldg. 248 across from the Education Center.

# CORAL COVE CLUB, 644-4017

### • **All You Can Eat Pasta Bar**

Every Tuesday, 4 - 10 pm, only \$6.95 in the Seaview Lounge at the Coral Cove Community Club. Two kinds of pasta, marinara and Alfredo sauces, a selection of meats and vegetables, garlic bread and a glass of wine.

### • **Sunday Breakfast**

The buffet includes all of your breakfast favorites and an omelet station for only \$6.95. Children under 12: \$3.95 and children under 5 eat free.

## Coral Cove's April Lunch Special Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Fried Catfish
4 Salisbury Steak	5 Chicken Adobo	6 Pasta Bar	7 Meatloaf	8 Fried Catfish
11 Pork Outlet	12 Chicken Parmesan	13 Pasta Bar	14 Lasagna	15 Scallops & Mussels
18 Sliced Herb Roasted Pork	19 Swedish Meatballs	20 Pasta Bar	21 Chicken Teriyaki	22 Baked Mahi Mahi
25 Grilled Pork Chops	26 Roast Turkey	27 Pasta Bar	28 Beef Sirloin Tips	29 Grilled Salmon

Entrees come with choice of potatoes or rice, chef's vegetables and bread / butter and beverage.

# Directory of MWR Facilities & Additional Activities

## DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611

### Army Community Services Branch

- **Army Community Services** 263-8327  
Mon, Tue, Thu, Fri 0700-1700  
Wed 0700-1500

### ZAMA Golf Club

- Director of Golf** 263-4224
- Administrative Office** 263-4966  
(All the following golf activities are open during lunch.)
- Course/Starter** 263-4975  
Mon-Fri 0700-1700  
Weekends & US / Japanese Holidays 0600-1700
- Restaurant** 263-7665  
Mon, Tue, Thu, Fri 0630-1700  
Wed 0630-1800  
Weekends & US / Japanese Holidays 0530-1700
- Pro Shop** 263-5284  
Mon-Fri 0645-1700  
Weekends & US / Japanese Holidays 0545-1700
- Driving Range** Unattended  
Wed - Sat Sunrise-2200  
Mon Sunrise-1930  
Tuesday 1000-2200  
Sun 1600-2200
- Chip Inn & Snack Stand** 263-5834  
Mon-Fri 0800-1600  
Weekends & Hol. 0700-1500

### Community Operations Division

- **ADMINISTRATIVE OFFICE** 263-4452  
263-5614
- **BOWLING CENTER ZAMA** 263-4780  
Mon-Wed, Sat-Sun 1100-2200  
Thu & Fri 1100-2230  
Holidays Closed
- **BOWLING CENTER DEPOT** 268-4954/4606  
Tue - Sat 1100-2000  
Sun - Mon Closed
- **ZAMA COMMUNITY CLUB** 263-4133  
**Lunch**  
Tue-Thu 1045-1315  
Sunday Brunch 1000-1330
- Cashier & Game Rooms**  
Sun-Thu 1000-2300  
Fri 1000-0230  
Sat 1000-0330
- Catering** 263-4204  
Tue, Thu & Fri 0930-1730  
Wed Apts Only
- Café Roberto**  
Tue-Thu & Sun 1100-2200  
Fri 1100-0100  
Sat 1100-0100
- Cornerstone Game Room (no bar)**  
Tue-Thu & Sun 1000-2300  
Fri 1000-0330  
Sat 1000-0230
- Eda's Seafood & Filet**  
Thu & Sun 1700-2100  
Fri & Sat 1700-2200
- Firelite Lounge**  
Sun, Tue-Thu 1630-2300  
Fri 1630-0330  
Sat 1900-0230
- USA Dining Room**  
Tue, Thu & Sun 1700-2100  
Wed Closed  
Fri-Sat 1700-2200
- **HOB NOB INN** 267-6097  
**Lounge & Game Room**  
Mon, Tue-Thu 1630 - 2100  
Wed 1630 - 2300  
Fri, Sat 1630 - 0100  
Sat 1900 - 0100  
Sun Closed
- Restaurant** (Closed)

- **SAGAMI LOUNGE** 268-4954  
**Take Out** 268-4142  
**Lunch** Mon-Fri 1100-1300  
**Dinner** Tue-Sat 1700-2000  
**Lounge/Game Room**  
Tue-Thu 1100-2200  
Fri 1100-2400  
Sat 1630-2300  
Open during lunch

### Community Recreation Division

- **ADMINISTRATIVE OFFICE** 263-7935
- **ARTS & CRAFTS CENTER** 263-4412  
Mon-Tue Closed  
Wed-Thu 1300-2100  
Fri, Sat & Sun 1000-1800  
Open during lunch
- **AUTO CRAFTS SHOP** 263-3615  
Mon-Tue Closed  
Wed-Fri 1300-2100  
Sat-Sun 1000-1800
- **COMMUNITY CULTURAL CTR** 263-3939  
Mon-Fri 0900-2045  
Sat, Sun & Hol Closed  
Open during lunch
- **INTERNATIONAL TOURS** 263-5273  
Mon-Fri 1000-1800  
Open during lunch
- **LIBRARY** 263-3517  
**Zama**  
Mon-Thu 1000-2030  
Fri- Sun & Hol 1000-1800  
Open during lunch
- Depot** 268-4523  
Tue-Thu 1000-1800  
Fri & Sat 0900-1700  
Sun, Mon Closed  
Open during lunch
- Sagamihara** 267-6603  
Tue-Thu 1000-1900  
Fri-Sat 0900-1800  
Sun, Mon & Hol Closed  
Closed for lunch 1400-1500
- **OUTDOOR RECREATION** 263-4671  
US Holidays Closed
- Vehicle Rental/Equipment Rental**  
Mon-Fri 0900-1730  
Sat-Sun 0800-1600  
Open during lunch
- Local Tours** 263-4671  
Mon-Fri 0900-1730  
Open during lunch
- Animal Boarding Kennels** 263-5915  
Mon-Fri 1000-1700  
Sat-Sun 1000-1600  
Closed for lunch 1230-1330
- **POOLS** 263-5656  
**YANO** 263-5037  
Mon-Fri 0600-1800  
Sat-Sun, Holidays 1000-1800
- SHA** 267-6122  
Mon-Sun 1200-1800
- DEPOT**  
Wed-Sun 1200-1800
- **SPORTS/FITNESS CENTER** 263-4664  
**Zama**  
Mon-Fri 0530-2030  
Sat-Sun, Holidays 1000-1800
- Sagamihara** 267-6122  
Mon, Tue, Wed, Fri, Sat & Sun 1200-1800  
Tue Closed
- Depot** 268-4729  
Wed-Fri 1200-1900  
Sat & Sun 1200-1800  
Mon, Tue Closed

### Child and Youth Services Branch

- **ADMINISTRATIVE OFFICE** 263-5701
- **Child & YS Coordinator** 263-8086  
(All the following CDC facilities are open during lunch.)

- Central Registration** 263-4743  
Mon-Fri 0830-1730
- Depot Dev Group Home** 268-4625  
Mon-Fri 0830-1730
- Sagamihara CDC** 267-6564  
Mon-Fri 0530-1800
- Zama CDC** 263-4992  
Mon-Fri 0530-1800

- **YOUTH SERVICES**  
**Depot Youth Center** 268-4625  
**Zama Youth Center** 263-4500  
Mon-Thu 1430-2000  
Fri 1430-2200  
Sat 1200-2200  
Sun 1400-1800
- School Age Services (SHA)** 267-6317  
Mon-Fri 0630-1800
- Youth Sports** 263-5437  
Tue-Sat 0900-1800  
Open during lunch

- **ADMINISTRATIVE OFFICE** 263-5962

### Zama Lodging

- **ADMINISTRATIVE OFFICE** 263-3293
- Reservation Desk** 263-2775
- Front Desk** 263-3830  
Open 24 hours/7 days a week

### USAG-J Okinawa MWR

- **MWR OFFICE** 644-5396
- **ARMY COMMUNITY SERVICE**  
Director 644-4110  
Receptionist 644-4175  
Relocation Coordinator 644-4385  
Outreach/Volunteer Coordinator 644-4116  
Finance/Consumer Affairs/AER 644-4378  
School Liaison Officer 644-4908  
Family Advocacy 644-4106  
AF TB / AFAP Manager 644-4743
- **ARTS & CRAFT CENTER** 644-4303  
Lobby 644-4706
- **CORAL COVE COMMUNITY CLUB**  
Business Manager 644-4894  
Lounge 644-4306  
Cashier Cage 644-4426  
Kitchen 644-4505
- **LIBRARY** 644-4468  
Staff Room 644-5335
- **MARKETING** 644-4703  
Commercial Sponsorship 644-4495  
Graphic/Illustration 644-4665
- **MOVIE THEATER** 644-4381
- **SPORTS/OUTDOOR REC** 644-4144  
Customer Svc/Pavilion Rental 644-4334  
Sports Specialist 644-4797  
Event Coordinator 644-4169  
Swimming Pool 644-4389  
Scuba Locker 644-4795  
Retail Sales 644-4290  
Equipment Issue 644-4263  
Parks, Picnic & Beach 644-4698

### Kure Harbor Club

- **MWR Office** 0800-1630 256-2580  
256-2581
- **Outdoor Recreation** 0900/1700 256-2575
- **Dining Room**  
Mon-Fri (Breakfast) 0700-0830  
Mon-Fri (Lunch) 1130-1300  
Tue-Sat (Dinner) 1630-2000
- **Bar**  
Mon 1630-2000  
Tue-Sat 1630-2200
- **PX / CLASS 6**  
Mon-Fri 0900-1730  
Sat 1130-1530



9th Annual East Japan

Sunday, 24 April 9 am, Sagami General Depot

# INTERNATIONAL FRIENDSHIP MARATHON

This event is open to U.S. DoD personnel and family members and MLC/IHA employees. There will be men's and women's divisions in the Half Marathon, 10K and 5K.

For additional information, please call Andy Abear at 263-7980.



Camp Zama Community Club

## Jazz Night

with DJ

Saturday, 30 April

8 pm - Midnight

\$12.00 / ¥1,500

Includes Hors d'Oeuvres







CAMP ZAMA キャンプ座間



# Cherry Blossom Festival 桜まつり

Saturday, 9 APRIL 2005

2005年 4月9日 土曜日・1100-1800 (1030 Gates Open/入場)

RUN & WALK • GAMES • ETHNIC FOODS • TRADITIONAL JAPANESE ENTERTAINMENT PLUS BEAUTIFUL CHERRY TREES

ラン&ウォーク・ゲーム・フードブース・日本伝統芸能催し・展示・お花見

0830: Youth - 3K Run & 3K Walk 子供 - 3Kラン& 3Kウォーク

1000: Adult - 7K Run & 3K Walk 大人 - 7Kラン& 3Kウォーク

Zama Sports Office, 263-7979 / Mon - Fri (0900 - 1800) キャンプ座間スポーツオフィス、電話(代)046-251-1788 (内)263-7979 / 月~金(0900~1800)

For your protection and safety, Large Bags, Back Packs, Ice Chests, Coolers, Skate Boards, Bicycles, Kick Bikes, Pets and Glass Containers are prohibited. \* Please expect entry delays.

More information: Tel 046-251-1788...ext. 263-4177

保安上、大きなバッグ、バックパック(ナップサック)、クラークボックス、スケートボード、自転車、キックボード、ペット、ビンやコップ等のガラス類の持ち込みは禁止されてます。\*ゲートでの持物検査の為、入門に時間がかかることがありますのであらかじめご了承ください。お問合せ: 電話(代)046-251-1788 (内)263-4177



\* Sponsorship does not imply endorsement by the U.S. GOVT.